



Dr Raju Karuppal, Additional Professor, Dept Of Orthopaedics, GMC Manjeri

Qualifications: MBBS, D'Orth, MS Orth, DNB Orth, MRCSEd, FRCS(Glasg)

Fellowship: Joint replacement and Arthroscopy.

Awards:

1. AAOS(American Accademy of Orthopaedic Surgeons) International Emerging Leader Award-2019
2. Indo Irish Fellowship award(International) by the Indian Orthopaedic Association- 2018
3. AAOS (American Academy of Orthopaedic Surgeons) International Scholarship and AAOS International Surgical Skills Scholar Award- 2016
4. IOA-RL Mittal SICOT Fellowship award (International) by the Indian Orthopaedic association- 2014
5. Young Scientist award by Indo korean Orthopaedic foundation- 2011
6. Indian Orthopaedic Society of United Kingdome(IOSUK) award -2011

Publications:

1. OP Jamshad, Jacob Mathew, **Raju Karuppal** Functional and Radiological Outcome of Unstable Intertrochanteric Fracture in Old Age Treated with Proximal Femoral Nail Antirotation-2. Journal of Clinical and Diagnostic Research. 2021 Apr, Vol-15(4): RC05-RC07
2. Surendran S, Patinharayil G, **Karuppal R**, Marthya A, Fazil M, Ali SM. Arthroscopic capsular release and continuous upper arm brachial block in frozen shoulder—A midterm outcome analysis. Journal of Orthopaedics. 2020 Sep 1;21:459-64.
3. Mathew J, **Karuppal R**, Somasundaran S, Sinildas PD. Single Event Multilevel Surgery for Crouch Gait in Cerebral Palsy-An Evaluation Using Functional Mobility Score-A Retrospective Analysis.
4. Sibin Surendran D, **Karuppal R**, Marthya A. Parenteral tranexamic acid reduces postoperative blood loss and transfusion rates after total knee arthroplasty: A prospective randomized controlled trial.



5. Sajeev S, **Karuppal R**. A prospective study to evaluate the efficacies of low volume and high volume caudal epidural steroid injections in the treatment of lumbar degenerative disc disease. International Journal of Research in Medical Sciences. 2017 Aug;5(8):3493.
6. Sibin Surendran D, **Karuppal R**, Valoor HT. The management of proximal pole scaphoid nonunion with avascular necrosis using 1, 2 intercompartmental supraretinacular arterial bone graft and radial styloidectomy: A midterm outcome study. International Journal of Orthopaedics. 2018;4(4):138-43.
7. **Karuppal R**, Somasundaran S. Functional outcomes of the stable elastic intramedullary nailing for the fractures of femur in children. Indian Journal of Orthopaedics Surgery. 2018 Jan 15;3(4):330-4.
8. **Karuppal R**, Somasundaran S. Functional outcome of Ilizarov ring fixation in infected non-union tibia: A prospective study. International Journal of Orthopaedics. 2017;3(2):191-4.
9. Madhu LN, Raman RV, **Karuppal R**, Thottath J, Hareendranath S, Juvaina P, Mothampally S, Menon II. MAGNETIC RESONANCE IMAGING ARTHROGRAM FINDINGS IN RECURRENT DISLOCATION OF SHOULDER. JOURNAL OF EVOLUTION OF MEDICAL AND DENTAL SCIENCES-JEMDS. 2017 Jun 1;6(44):3452-8.
10. **Karuppal R**, Surendran S. Scaphoid non-union and results of the Match stick strut graft technique. IJSR. APRIL - 2017; VOLUME-6 (4).
11. **Karuppal R**. Current concepts in the articular cartilage repair and regeneration. Journal of orthopaedics. 2017 Jun;14(2):A1.
12. **Karuppal R**. Biological fixation of total hip arthroplasty: facts and factors. Journal of orthopaedics. 2016 Sep;13(3):190.
13. **Karuppal R**, Surendran S, Patinharayil G, Fazil VM, Marthya A. It is time for a more cautious approach to surgical diathermy, especially in COVID-19 outbreak: A schematic review. Journal of Orthopaedics. 2020 May 16.
14. **Karuppal R**, Raman RV, Valsalan BP, Gopakumar TS, Kumaran CM, Vasu CK. Servelle-Martorell syndrome with extensive upper limb involvement: a case report. Journal of Medical Case Reports. 2008 Dec;2(1):1-4.
15. Purushothaman R, **Karuppal R**, Inassi J, Valsalan R. Hallux saltans due to flexor hallucis longus entrapment at a previously unreported site in an unskilled manual laborer: a case report. The Journal of foot and ankle surgery. 2012 May 1;51(3):334-6.



16. **Karuppal R**, Marthya A, Raman RV, Somasundaran S. Case report: congenital dislocation of the radial head—a two-in-one approach. F1000Research. 2014;3.
17. **Karuppal R**, Manjunath S, Raman RV, Sandhya S. Immunohistochemistry in primary B-cell lymphoma of tibia masquerading as chronic osteomyelitis. Indian journal of orthopaedics. 2017 Aug;51:477-80.
18. **Karuppal R**, Mohan R, Marthya A, Ts G. Case Report:‘Z’osteotomy-a novel technique of treatment in Blount’s disease. F1000Research. 2015;4.
19. **Karuppal R**, Kumaran CM, Marthya A, Kumar CV, Narayanan MP, Raman RV, Thomas S. Tibial osteomyelitis due to Fonsecaea pedrosoi in an immunocompetent patient: case report. The Journal of foot and ankle surgery. 2009 Sep 1;48(5):569-72.
20. **Karuppal R**. Kinematic alignment in total knee arthroplasty: Does it really matter?. Journal of orthopaedics. 2016 Dec;13(4):A1.